

Charity Quiz Night

In aid of the **Hillingdon Diabeticare Unit** and the
Hillingdon Autistic Care & Support (HACS)

Mike Gingell (of Grange Judo Club) and Jim Jay (of JJ's Workouts) will be walking the Inca Trail to Machu Picchu in Peru to raise funds for both these causes.

All monies raised will go to the charities.

Please come along to this fun night and support two local charities.

The Venue:

Grange Judo Club / Hayes Rugby Club

Kingshill Avenue

Hayes

Middx. UB4 8DD

The Date:

Friday 20th November 2009

Tickets on sale now

Phone either

Mike on 07802 425711

or

Jim on 07796 465060

to book a place

Please book with team

name and number in

team before

13th Nov.

The Time:

7:00pm onwards

Quiz starts 8:00pm

The Cost:

**£10.00 per person including a Chicken & Chip supper
Teams of 6 (ish)**

Auction

Long weekend break in a 4 bedroom chalet at the Cotswolds Water Park

—
Bed & Breakfast at a luxury Spa Hotel for 2 people including 2 x 25 min treatments

Plus other auctions and Raffle etc.



Machu Picchu, Intihuatana